



Press Release

FOR IMMEDIATE RELEASE

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CFR's Story County Advisory Board Welcomes New Members

Community and Family Resources (CFR), a local non-profit provider of behavioral health services, has welcomed Kathy Vannoy and Staci Shugar to the agency's Story County Advisory Board.

Kathy (Smithson) Vannoy, a life-long Ames citizen, brings her perspectives to the CFR Advisory Board, along with her experiences as a dietitian and mental health peer support specialist.

Staci Shugar is the current Jail Diversion Intensive Case Manager at Optimae Life Services, and lends her expertise in law enforcement, education, and criminal justice to CFR's Advisory Board.

Community and Family Resources offers substance abuse, mental health, and problem gambling treatment and prevention services. Counties served by CFR include Story, Webster, Boone, Hamilton, Wright, Humboldt, Pocahontas, Calhoun, Franklin, and Hardin. In Fiscal Year 2015, CFR provided behavioral health treatment services to 2,906 unduplicated individuals. CFR is the Iowa Department of Public Health's designated provider of substance abuse treatment services in eight North-Central Iowa counties, including Story County. For additional information, please visit CFR's website at www.cfrhelps.org or call 515-232-3206.



Kathy Vannoy



Staci Shugar

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